OCTOBER 2021

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Hot Dog or BBQ	Italian Dunker Sauce	Taco Boat	Sub Sandwich	Pizza
on a Bun	Bread Sticks	Refried Beans	Fresh Vegetables	Tortilla Chips /Salsa
Tater Tots	Apple Sauce / Fruit	Grapes / Sauce	Chip	Apple Orange Slices
Pork & Beans	Lettuce	Lettuce / Tomatoes	Peach Sauce	Sauce
Pear Sauce / Fruit	5	6	Lettuce ½ cup 7	Fresh Vegetables 8
Breaded Chicken	Meatballs	Chicken Strips	Grilled Cheese	Taco in a Bag
Or Hamburger/ Bun	Corn	Hash Browns	Tomato Soup / crackers	Fixings / Lettuce
Green Beans	Mashed Potatoes	Peach Slices / Fruit	Pineapple Mandarin	Fresh Fruit / Sauce
French Fries	Dinner Roll + 1 extra grain	Bread/ Garbanzo Bean	Orange sauce / Fruit	Fresh Veg / tomatoes
Pear Sauce / Fruit 11	Fruit Salad / Fruit 12	Carrot Sticks 13	Fresh Vegetables 14	Black Beans 15
Corn Dog	Spaghetti	Popcorn Chicken		
Tater Tots	Noodles	Mashed Potatoes	NO	NO
Green Beans (Peas)	Apple Sauce / Fruit	Corn / Bread		
Fruit Cocktail / Fruit	Lettuce	Peach Sauce / Fruit	SCHOOL	SCHOOL
Carrot Sticks 18	Carrot sticks 19	Caulague Dague 20	21	22
	Carrot sticks 13	Garbanzo Bean 20	21	22
Hot Turkey Sandwich	Pork Pattie	Lasagna 20	Chicken Nuggets	Quesadilla & Fixings
Hot Turkey Sandwich	Pork Pattie	Lasagna	Chicken Nuggets	Quesadilla & Fixings
Hot Turkey Sandwich On a Bun	Pork Pattie Broccoli Cauliflower	Lasagna Garlic bread	Chicken Nuggets Hash Browns	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans
Hot Turkey Sandwich On a Bun Green Beans	Pork Pattie Broccoli Cauliflower Mashed Potatoes	Lasagna Garlic bread Lettuce Salad	Chicken Nuggets Hash Browns Apple/Orange Slices	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans Mandarin orange &
Hot Turkey Sandwich On a Bun Green Beans Au gratin Potatoes	Pork Pattie Broccoli Cauliflower Mashed Potatoes Fruit Salad/ Fruit	Lasagna Garlic bread Lettuce Salad Apple Sauce / Fruit	Chicken Nuggets Hash Browns Apple/Orange Slices Sauce/ Bread	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans
Hot Turkey Sandwich On a Bun Green Beans Au gratin Potatoes Pear Sauce/ Fruit Carrot Sticks 25	Pork Pattie Broccoli Cauliflower Mashed Potatoes Fruit Salad/ Fruit Bread	Lasagna Garlic bread Lettuce Salad Apple Sauce / Fruit Carrot Sticks	Chicken Nuggets Hash Browns Apple/Orange Slices Sauce/ Bread Garbanzo Beans Fresh Vegetables 28	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans Mandarin orange & Pineapple / Fruit 29
Hot Turkey Sandwich On a Bun Green Beans Au gratin Potatoes Pear Sauce/ Fruit	Pork Pattie Broccoli Cauliflower Mashed Potatoes Fruit Salad/ Fruit Bread	Lasagna Garlic bread Lettuce Salad Apple Sauce / Fruit Carrot Sticks 27 Milk is	Chicken Nuggets Hash Browns Apple/Orange Slices Sauce/ Bread Garbanzo Beans Fresh Vegetables 28  MENU IS	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans Mandarin orange &
Hot Turkey Sandwich On a Bun Green Beans Au gratin Potatoes Pear Sauce/ Fruit Carrot Sticks 25	Pork Pattie Broccoli Cauliflower Mashed Potatoes Fruit Salad/ Fruit Bread	Lasagna Garlic bread Lettuce Salad Apple Sauce / Fruit Carrot Sticks  27  Milk is Offered	Chicken Nuggets Hash Browns Apple/Orange Slices Sauce/ Bread Garbanzo Beans Fresh Vegetables 28  MENU IS SUBJECT	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans Mandarin orange & Pineapple / Fruit 29
Hot Turkey Sandwich On a Bun Green Beans Au gratin Potatoes Pear Sauce/ Fruit Carrot Sticks 25  Salad Is Offered	Pork Pattie Broccoli Cauliflower Mashed Potatoes Fruit Salad/ Fruit Bread	Lasagna Garlic bread Lettuce Salad Apple Sauce / Fruit Carrot Sticks 27 Milk is	Chicken Nuggets Hash Browns Apple/Orange Slices Sauce/ Bread Garbanzo Beans Fresh Vegetables 28  MENU IS	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans Mandarin orange & Pineapple / Fruit 29  This Institution Is
Hot Turkey Sandwich On a Bun Green Beans Au gratin Potatoes Pear Sauce/ Fruit Carrot Sticks 25  Salad Is	Pork Pattie Broccoli Cauliflower Mashed Potatoes Fruit Salad/ Fruit Bread	Lasagna Garlic bread Lettuce Salad Apple Sauce / Fruit Carrot Sticks  27  Milk is Offered	Chicken Nuggets Hash Browns Apple/Orange Slices Sauce/ Bread Garbanzo Beans Fresh Vegetables 28  MENU IS SUBJECT	Quesadilla & Fixings Lettuce, Tomato, carrot Spanish Rice Refried Beans Mandarin orange & Pineapple / Fruit 29  This Institution Is An Equal